



St. Elizabeth of the Trinity Catholic School

6040 W. Ardmore Avenue • Chicago, Illinois 60646
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Dear St. Elizabeth Families,

Dr. Jennifer La Civita, Doctor of Psychology in Clinical Psychology, Licensed Clinical Professional Psychologist, Registered and Board Certified Art Therapist, Learning and Behavior Specialist, and an Administrative and Education Consultant will be working with us at St. Elizabeth one day per week for approximately 1-3 hours per day beginning this month.

She will assist the faculty and administration in a variety of ways such as offering teacher inservices on various topics, and serving as an additional resource to teachers, special education teachers, and support staff in order to facilitate academic success for the students.

She will work with teachers to address concerns in the classroom by providing encouragement and optimism with well-researched, evidence-based, successful techniques to use with the teachers, the students, and if requested, the parents, in order to foster growth, insight, empathy, self confidence, and self regulation in order to increase academic success in the classroom. Dr. La Civita will be available to us in developing plans for individuals with different learning abilities as well as students with behavioral concerns, as they relate to academic success. She will also serve as an invited guest speaker for classrooms on various topics such as mindfulness, easing anxiety, improving study and organizational skills and test preparation.

In addition, she will assist us in addressing academic and social issues relevant to our students during these important years of preadolescence and adolescence. Dr. La Civita is also available to speak with parents (in groups, individually, or at parent association meetings) offering support, guidance, and resources.

She is a fourth generation Chicagoan. She and (her grown children) have graduated from Chicago Archdiocesan grades schools, high schools and Catholic colleges. She has worked for over 37 years in the field of education and wellness as an educator, consultant, and therapist. She currently is the Chairperson/Dean and Associate Professor of the Master of Arts in Counseling and Art Therapy Department and the PhD in Art Therapy at Adler University in downtown Chicago.

If you have any questions regarding this program, please contact me or Dr. Jennifer La Civita. She is available through private practice at La Civita HealthCare to consult with families on personal issues at 773-294-5783.

Sincerely,

Kristine Hillmann